

JOHN LEE

553 COUNTY ROAD 624 • MENTONE, AL 35984
678-494-1296 • JLEEMAIN@AOL.COM

BIOGRAPHY:



Born in Detroit, Michigan John Lee was raised in Florence, Alabama. He is a graduate of the University of North Alabama (B.S., Sociology & English); the University of Alabama (M.A., American Studies & Religious Studies); and the University of Texas (Ph.D. Candidate in American Studies). John served as an instructor at the University of Texas, Austin Community College and University of Alabama before becoming a writer, best-selling author, and public speaker.

He has been featured on *Oprah Winfrey* (three times), *20/20*, *Barbara Walter's The View*, *CNN*, *PBS*, and *NPR*, and has been interviewed by *Newsweek*, *Glamour*, *The New York Times*, *The Los Angeles Times*, and dozens of other national magazines and radio talk shows. His highly creative developments in anger management workshops, PEER Counseling seminars, mini-sessions and the all new Detour Method (lecture and workshop series on facing regression), are taught worldwide. His Mentone, Alabama Men's Conference, in its thirteenth year, draws participants from around the world.

Over the past twenty years, John Lee has consulted and trained prestigious institutions in the clinical environment. He has worked with **The Betty Ford Clinic**, **Guy's Hospital** (London, England), **The New York Open Center**, **South Pacific Treatment Center** (Sydney), and **Mountain Area Health and Education Center** (North Carolina), and many others.

Lee is the best-selling author of *Facing The Fire: Experiencing and Expressing Anger Appropriately* and *The Flying Boy: Healing the Wounded Man*. He has written fifteen other books including *Growing Yourself Back Up: Understanding Emotional Regression* (Three River Press, 2001) and his latest book, *The Missing Peace* (Health Communications, 2006).

EDUCATION:

1982-1988

University of Texas, Austin, TX
Ph.D. Candidate in American Studies
Areas of Concentration: Psychology, American Literature, Mythology

1978-1980

University of Alabama, Tuscaloosa, AL
M.A. in American Studies
Areas of Concentration: American Literature and Religious Studies

1975-1978

University of North Alabama, Florence, AL
B.S. in Sociology and English

TEACHING
EXPERIENCE:

2001-present

John Lee Books and Seminars, Mentone, AL

Founder and President: Teach seminars and workshops on anger management, creativity, writing, recovery, relationships, communications and other issues to therapists and the general public. For more information, go to www.jlcsonline.com

1992

Facing the Fire Institute, Asheville, NC and Long Island, NY

Founder and Director: The institute provides 8 four day intensives a year based on John Lee's successful book, *Facing The Fire* (Bantam, 1992).

1988

The Austin's Men's Center in Austin, TX

Founder and Director: Counseling center devoted to men's issues.

1986

P.E.E.R. (Primary, Emotional, Energy, Recovery) Training Program

Co-founder: Training program for counselors. Mr. Lee has trained over 5,000 counselors, social workers, and psychotherapists.

1985-1991

Private Practice in Austin, TX

Psychotherapist/Counselor: Specialized in men's issues, relationships, adult children of alcoholics, and co-dependency.

1981-1987

University of Texas, Austin, TX

Instructor: Taught Humanities, American Literature, Popular Culture, and Freshman Comp in the English Department.

1981-1987

Austin Community College, Austin, TX

Instructor: Taught Religious Studies, Humanities, and American Literature.

1978-1981

University of Alabama, Tuscaloosa, AL

Instructor: Taught American Literature, Film and American Studies. Started as a Teaching Assistant, then was hired upon graduation as a full time instructor for courses listed above.

GRANTS:

Alabama Arts and Humanities Foundation Grant for \$25,000. Grant was given to produce multi-media presentation on Alabama waterways and American culture. 1981.

BOOKS PUBLISHED:

Self-Help, Psychology,
Recovery, Creativity &
Relationships

The Missing Peace: Solving the Anger Problem for Alcoholics/Addicts and Those Who Love Them. Deerfield Beach: Health Communications, Inc., 2006.

The Secret Place of Thunder: The Poetry & Prose of Knowing. Woodstock: Monarch Publishing Associates, 2004.

BOOKS PUBLISHED
(continued):

Growing Yourself Back Up: Understanding Emotional Regression. New York: Three Rivers Press, 2001.

Courting a Woman's Soul: Going Deeper into Loving and Being Loved. Woodstock: Monarch Publishing Associates, 2003.

Writing From The Body: For Writers, Artists, and Dreamers Who Long to Free Their Voice. New York: St. Martin's Press, 1994.

A Quiet Strength: Meditations on the Masculine Soul. New York: Bantam, 1994.

Facing The Fire: Experiencing and Expressing Anger Appropriately. New York: Bantam, 1992.

At My Father's Wedding. New York: Bantam, 1991.
Hardcover Book of the Month Club and Quality Paperback Books. Has been translated into German, French and released in a U.K. version.

Recovery: Plain and Simple. Deerfield Beach: Health Communications, Inc., 1990.

The Flying Boy Book II: The Journey Continues. Deerfield Beach: Health Communications, Inc., 1989. Translated into Spanish.

The Flying Boy: Healing The Wounded Man. Deerfield Beach: Health Communications, Inc., 1987. Listed as a best seller by Publishers Weekly. The Flying Boy has been translated into Chinese, Japanese, Dutch, Greek and Spanish. Sold movie rights.

Poetry

The Dragon's Letters. Minneapolis: Ally Press, 1995.

Too Much Talk or Too Little. Pewaukee: Honey Creek Publishing, 1994.

Audio

The Missing Peace. Deerfield Beach: Health Communications, Inc., 2006

Remembering Who You Wanted To Be. Deerfield Beach: Health Communications, Inc., 2006

Why Men Can't Feel and the Price Women Pay. Boulder: Sounds True.

Grieving: A Key to Healing. Boulder: Sounds True.

Healing the Father Son Wounds. Boulder: Sounds True.

The Flying Boy: Healing the Wounded Man. Deerfield Beach: Health Communications, Inc.

The Flying Boy Book II. Deerfield Beach: Health Communications, Inc.

Expressing Anger Appropriately. Boulder: Sounds True.

Saying Good-bye to Mom and Dad. Boulder: Sounds True.

Rhythm of Closeness. Los Angeles: Lightworks Audio and Video.

Video

Coming Down From The Mountain. (Shown via satellite on over two dozen PBS stations). 1989.

Men and Their Fathers. Producer. Georgia Public Television. 1990

Creating an Artful Life. Originally produced by PBS in Spokane, WA in 1993. Later released by Lightworks Audio and Video in 1997.

And several more.

TV APPEARANCES & INTERVIEWS

- ◆ *Barbara Walter's The View*
- ◆ *ABC's 20/20*
- ◆ *NPR*
- ◆ *MSNBC*
- ◆ *CNN*
- ◆ *Oprah Winfrey Show*

**Over 250 local radio and television interviews.

- ◆ *New York Times*
- ◆ *Glamour Magazine*
- ◆ *Self Magazine*
- ◆ *Yoga Journal*
- ◆ *New Age Magazine*
- ◆ *Newsweek*
- ◆ *Vancouver Sun*
- ◆ *Austin American Statesmen*

**Total over 100 additional local newspapers.

KEYNOTES:

- ◆ *U.S. Journal Conference on Anger Management*
- ◆ *Vistage (formerly TEC-The Executive Committee)*
- ◆ *Summit for Clinical Excellence*
- ◆ *Tennessee Association of Psychotherapists*
- ◆ *California Social Worker's Conference*
- ◆ *Missouri State Conference for Alcohol and Drug Counselors*
- ◆ *Alabama Governor's Commission on Drugs and Alcohol*
- ◆ *Texas Commission on Drugs and Alcohol*
- ◆ *Minnesota Conference on Drugs and Alcohol at Moorehead State University*
- ◆ *International Gender Reconciliation Conference (Washington, D.C.)*
- ◆ *The Fourth Annual Northern California Professional Conference*
- ◆ *Community Building Workshop for Men and Women (Knoxville, TN)*
- ◆ *Emotions, The Body and The Mind Conference: A Training in Emotional Release Techniques for Counselors at Salt Lake Community College*
- ◆ *Common Boundary Twelfth Annual Conference: Mending The Communal Fabric Through Conscious Relationship (Washington, D.C.)*
- ◆ *Men and Counseling: The Department of Veteran Affairs and The School of Professional Psychology, Wright State University (Dayton, OH)*

John Lee has given keynotes at over three hundred professional conferences and provided training for therapists in a number of professional settings. He has done numerous readings at colleges and universities and has even read his poetry at the Library of Congress.

Lee has vast experience in conducting writing workshops around the country.

RELATED EXPERIENCE:

1994 to present
1993-1997

Contributing Editor
Creations Magazine. Long Island, NY.
New Texas Monthly Magazine. Austin, TX.

John Lee has lectured in London, Sydney, Brisbon, Melbourne, Auckland, Toronto, Montreal, and Vancouver and has traveled extensively in Jamaica and Mexico for study and research.

COMMUNITY
OUTREACH:

1975-1978

Volunteer: Crisis Hotline, Florence, AL
Volunteer: Juveniles at Risk Program, Florence, AL

1982-1985

Volunteer Teacher: Taught literature to the elderly, Austin, TX

2001-present

Volunteer: Habitat for Humanity, Canton, GA
Speaker: Weekend seminars at **Milan Federal Penitentiary**, Detroit, MI

QUOTES:

"...John takes very sophisticated material that is very important to understand and makes it wonderfully simple!"

John Bradshaw—therapist, author and America's leading personal growth expert

"This [Growing Yourself Back Up] is the best book on regression that has ever been written. I couldn't put it down. Many of my friends are therapists and they are making it mandatory reading for all their clients."

Dr. Patricia Love—therapist; author of best seller *Hot Monogamy*

"John Lee is a great teacher: he teaches the way a tall tree stands."

Robert Bly (poet, author of many books including *Iron John*)

REFERENCES:

William Stott, Ph.D.

Professor Emeritus, American Studies and English - University of Texas

B7100 Garrison Hall #303

University of Texas

Austin, Texas 78712

Tel: 512-478-1416

Robert Bly

Poet, Winner of National Book Award, Bestselling Author

1904 Girard Avenue South

Minneapolis, MN 55403

Tel: 612-377-9817